

SAFETY ALERT

CORONA

VIRUS

WHAT IS IT?

Corona is a large group of viruses which can infect both humans and animals with cold-related diseases. The intensity of the infection ranges from common colds to acute respiratory syndrome.

However, the new strain of Coronavirus called 2019-nCoV, is a novel virus to humans. So the information related to the disease, including symptoms and means of treatment is limited.

The CDC, in cooperation with WHO (World Health Organization) and international experts, are working to combat the virus.

WHAT ARE THE SYMPTOMS OF THE VIRUS?



In advanced cases, the patient can have serious complications that can result in death, such as:



HOW DOES THE VIRUS TRANSMIT?



Direct contact with individuals infected.



Droplets from Infected individuals coughing and sneezing.



Contact with infected individuals belongs followed by touching your nose or mouth.

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HOW CAN I PROTECT MYSELF AND OTHERS FROM THE CORONAVIRUS?



AVOID CONTACT
WITH OTHERS, AND
WASH YOUR HANDS
FREQUENTLY



MAINTAIN GOOD
HYGIENE HABITS
AT ALL TIMES



STAY HOME WHEN
SICK

USE TISSUES WHEN
COUGHING OR
BLOWING NOSE



WASH AND
PREPARE FOOD
CAREFULLY



EXERCISE AND PROPER
SLEEP WILL BOLSTER
THE IMMUNE SYSTEM

